Appendix A

## Leicestershire County Council

## Analysis of current Community Grants Schemes & projects awarded funding in 2012/13 and 2013/14

- The current suite of community grant schemes is part of the Communities in Charge programme's generic offer to 'help communities to help themselves' by providing access to grant funding, advice & training, support for community hubs and opportunities to influence policy and services.
- 2. The Community Forum Budgets scheme functions as the 'entry-level' scheme, which provides easy access to grant funding for new and emerging community groups or existing groups expanding their activities. Capacity building of participants is a key design feature of the scheme. The funds are allocated to each of the 25 Community Forums on the basis of the population size of the Forum area. Project proposers, local residents and Councillors collectively decide how funds are allocated within the Forum area at a local Decision Night. In 2013-14 just over 1500 people took part in the decision making and over 20,000 people used the community forums website, including to view and comment on the 270 project proposals submitted. The Community Forum Budgets programme is one of the leading Participatory Budgeting grant schemes in the UK.
- 3. The Community Forum Budgets scheme is complemented by three community grants schemes for specific purposes:
  - a. **The SHIRE Environmental Improvement Grant** is focused on supporting improvements to public open space for example: play equipment, landscaping and habitat creation.
  - b. The SHIRE Community Building Grant is focused on supporting communities in managing effective, viable and sustainable Community Buildings and maximising the potential of these venues to serve the local community. This grant scheme replaced the smaller SHIRE Village Hall grants scheme in 2013-14, which had a much narrower focus on community buildings in rural areas.
  - c. The Big Society Grant Fund is focused on supporting grassroots, community and voluntary groups to develop projects which help to make the Big Society a reality at a local level. It makes funds available for a range of projects which enable communities to identify and meet their own needs and provide the best local solutions to tackle local problems. The fund enables community groups to scope the feasibility of starting new community services and can also contribute towards the start-up costs of putting such a service in place.

- 4. All grant funds receive high satisfaction scores from participants / groups awarded funding and the demand for the funds generally far outstrips the funding that is on offer.
- 5. An overview of the key features of the current schemes is provided in the table below:

Grant Name	Annual Budget	Max. Grant	Number of Applications Awarded	
			12/13	13/14
SHIRE Community Environmental	£66,800	£6,000	19	12*
SHIRE Village Hall**	£24,300***	£4,000/£4,000 loan	29	N/A
SHIRE Community Building**	£124,300	£6,000/£4,000 loan	N/A	27
Big Society Grant Fund	£340,000	£15,000	66	51*
Community Forum Budget	£320,000	£5,000	161	174

\*) Figure reflects applications awarded up to December 31<sup>st</sup> 2013

\*\*) The Village Hall Grant was subsumed in the Community Building Grant in 2013/14
\*\*\*) In the 2012/13 the annual budget of £24,300 was complemented by a one-off £20,000 contribution from the Leicestershire Rural Partnership

6. An overview of the type of groups and organisations that have benefitted from the above community grants is provided in the diagram below:

## Grants Awarded through all Schemes by Organisation Type



7. All projects awarded grant funding in 2012-13 and up to Quarter 3 in 2013-14 have been mapped against themes that relate closely to the

## Appendix A – Analysis of current community grant schemes

Leicestershire Together outcome framework (see: <u>http://politics.leics.gov.uk/Published/C00000983/M00003793/AI000365</u> 60/\$6Appendix1HighLevelOutcomes.docA.ps.pdf) An overview is included below.

## Total number of Grants Awarded by theme

A total of 539 community grants were awarded.



The table illustrates the number of successful applications that relate to each theme. *N.B as individual projects may contribute towards more than one outcome, the sum total does not reflect the total number of grants.* 

- 8. Each theme / high level outcome contains a number of sub-outcomes. To enable detailed analysis of the benefits of each scheme, projects supported by each scheme have been mapped against these suboutcomes. Full details are included in Appendix 1.
- 9. As can be expected, projects supported by the SHIRE Community Environmental Improvements Grant relate most clearly to environmental outcomes and the SHIRE Community Buildings Grant projects relate most clearly to the 'provision of a range of support facilities' within the Stronger Communities theme. Projects supported by the Big Society Grant Fund and the Community Forum Budgets most clearly relate to a range of Stronger Communities sub-outcomes.
- 10. The Big Society Grant Fund and the Community Forum Budget support projects that also relate to a very wide range of other outcomes. The projects supported through the SHIRE Community Building Grant and the SHIRE Community Environmental Improvements Grant relate to a narrower range of other outcomes.
- 11. The Stronger Community theme / high level outcomes will continue to be relevant to a new community grants programme. Alongside those outcomes, the outcomes that most closely reflect the proposed revised focus of the new Community Grants programme are outcomes around;
  - a. Children & Young People
  - b. Healthier population & reduced health inequalities
  - c. Older people
  - d. Vulnerability

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12. The table below provides an overview of the most relevant suboutcomes in relation to the proposed revised focus of the new Community Grants programme. The table indicates, for each suboutcome, what percentage of projects awarded funding within that scheme relate to that particular sub-outcome.

Theme	Sub-Outcome	SHIRE Environmental (31)	SHIRE Village Hall (29)	nity		Community Forum budget (335)
		%	%	%	%	%
Children and	Personal and social	3	-	-	7	29
young	development					
People	Places Spaces Activities for	48	7	18	21	38
	young People					
	Youth provision targeting	3	-	-	9	11
Healthier	Healthy weight	-	-	-	1	6
Population	Increased life	-	-	-	12	21
	quality/expectancy					
	Physically active	29	-	-	10	21
Older People	Access to info and advice	3	-	-	7	4
	Support in the community	-	3	-	3	10
Vulnerability	Children and young people	-	-	-	12	11
(excluding	Families	-	-	-	11	6
older people)	General vulnerability	-	7	15	21	22

Example: 29% of projects awarded a Community Forum Budget grant and 7% of projects awarded a Big Society Grant contribute to the sub-outcome related to improved personal and social development for children and young people. N.B as individual projects may contribute towards more than one outcome, the sum total for each fund does not add up to 100%.

- 13. The table above demonstrates that many of the projects supported by Community Forum Budgets and Big Society Grants are already contributing directly towards these key outcomes. Although the effectiveness of the contribution to achieving these outcomes is not within the scope of this analysis, this strongly suggests they are the current funds best placed to use as the starting point for developing a new SHIRE community grants programme. These two schemes also support projects that contribute to a much wider range of outcomes, suggesting the scope of the new grants fund would need to be narrower to more effectively target the reduced resources available.
- 14. Examples of projects supported that provide good examples of the kind of projects a revised grant fund would continue to prioritise are included as Appendix 2

## Appendix 1 – Detailed analysis

## 1) Contribution to Leicestershire Together sub-outcomes by community grant scheme & Geographic

The tables below provide an overview of the funds awarded for each community grant scheme in 2012-13 and 2013-14 against the Leicestershire Together outcome framework. For each sub-outcome the number and the sum of funding awarded to projects that contribute to / relate to that sub-outcome is given. As individual projects may contribute towards more than one sub-outcome, the sum totals do not reflect the total amount / number of grants awarded.

## SHIRE Environmental Improvement

Number of projects awarded funding: 31 (2012-13 and 2013-14 up to 31/12/2013)

### Grant Schemes by Theme

Theme	Outcome	Grant Scheme		
Children And Young People	Improved Pupil Outcomes	SHIRE Environmental	£8,658	3
	Personal And Social Developm	SHIRE Environmental	£1,396	1
	Places Spaces Activities For Y	SHIRE Environmental	£74,939	15
	Voice For Young People	SHIRE Environmental	£11,375	3
	Youth Provision Targeting	SHIRE Environmental	£1,396	1
Healthier Population, Reduce	Physically Active	SHIRE Environmental	£52,558	9
High Quality Accessible Environment	Protected Green, Natural, Histo	SHIRE Environmental	£23,917	11
	Safe Clean Maintained Recreat	SHIRE Environmental	£90,647	19
Older People	Access To Info & Advice	SHIRE Environmental	£2,000	1
Stronger Communities	Active Engagement	SHIRE Environmental	£12,194	5
	Good Relations Within Commu	SHIRE Environmental	£1,080	1
	High Quality Cultural Services	SHIRE Environmental	£1,080	1
	Identify Needs Priorities	SHIRE Environmental	£10,514	3
	Range Of Support	SHIRE Environmental	£2,000	1
	Volunteering	SHIRE Environmental	£34,841	11

## **SHIRE Village Hall** No of projects awarded funding: 29 (2012-13)

## Grant Schemes by Theme

Theme	Outcome	Grant Scheme			
Children And Young People	Places Spaces Activities For Y	SHIRE Village Hall20	£6,000	2	
High Quality Accessible Envi	Contribution To Climate Change	SHIRE Village Hall20	£20,685	10	
Older People	Support In The Community	SHIRE Village Hall20	£2,000	1	
Stronger Communities	Range Of Support	SHIRE Village Hall20	£59,023		29
Vulnerability (Excluding Olde	General Vulnerability Intro	SHIRE Village Hall20	£3,297	2	

## **SHIRE Community Building**

Number of projects awarded funding: 27 (2013-14)

## Grant Schemes by Theme

Theme	Outcome	Grant Scheme		
Children And Young People	Places Spaces Activities For Y	SHIRE Community Building	£21,552	5
High Quality Accessible Envi	Contribution To Climate Change	SHIRE Community Building	£20,865	5
Stronger Communities	Active Engagement	SHIRE Community Building	£6,000	1
	Identify Needs Priorities	SHIRE Community Building	£6,000	1
	Involvement In Communities	SHIRE Community Building	£6,000	1
	Range Of Support	SHIRE Community Building	£121,181	27
Vulnerability (Excluding Olde	General Vulnerability Intro	SHIRE Community Building	£20,303	4

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**Big Society Grant Fund** Number of projects awarded funding: 117 (2012-13 and 2013-14 up to 31/12/2013)

### Grant Schemes by Theme

Theme	Outcome	Grant Scheme		
Children And Young People	Improved Pupil Outcomes	Big Society	£46,354	6
	Personal And Social Developm	Big Society	£59,252	8
	Places Spaces Activities For Y	Big Society	£188,735	25
	Voice For Young People	Big Society	£9,426	5
	Youth Provision Targeting	Big Society	£63,366	11
Economic Growth	Attractive Town Centres	Big Society	£19,500	3
	Business Support	Big Society	£16,000	2
	Supporting Infrastructure	Big Society	£1,147	1
	Thriving Rural Economy	Big Society	£10,000	1
Healthier Population, Reduced	Alcohol & Drugs Harm	Big Society	£9,332	1
Health Inequalities	Best Start For Children	Big Society	£15,000	3
	Healthy Weight	Big Society	£1,000	1
	Increased Life Quality /Expecta	Big Society	£30,782	14
	Mgmt Of Long Term Conditions	Big Society	£4,820	1
	Physically Active	Big Society	£95,713	12
	Reduce Premature Death (Can	Big Society	£6,000	6
High Quality Accessible	Protected Green, Natural, Histo	Big Society	£2,000	1
Environment	Safe Clean Maintained Recreat	Big Society	£41,959	6
High Quality Affordable Hous	Reduced Homelessness	Big Society	£4,970	1
Older People	Access To Info & Advice	Big Society	£39,030	8
	Home Based Support Extra Ca	Big Society	£3,000	1
	Independence	Big Society	£3,600	2
	Support In The Community	Big Society	£13,760	4
Resource And Waste	Less Waste To Landfill	Big Society	£7,127	1
Managed Effectively	Recycling And Composting Wa	Big Society	£7,842	2
	Reuse	Big Society	£6,000	1
	Waste Prevention	Big Society	£13,127	2
Safer Communities	Anti Social Behaviour	Big Society	£22,095	4
	Less Offending And Re-Offendi	Big Society	£20,099	3
	Reduced Impact On Communiti	Big Society	£22,095	4
Stronger Communities	Active Engagement	Big Society	£185,268	38
	Design And Delivery Of Public	Big Society	£46,932	9
	Empowered(Parish/Town)	Big Society	£47,570	11
	Good Relations Within Commu	Big Society	£132,845	33
	Identify Needs Priorities	Big Society	£210,594	47
	Influencing Decisions	Big Society	£32,660	9
	Involvement In Communities	Big Society	£208,273	43
	Range Of Support	Big Society	£122,619	22
	Volunteering	Big Society	£95,315	24
Vulnerability (Excluding Older	Carers Inc Young Carers	Big Society	£15,820	4
People)	Children & Young People	Big Society	£84,207	14
	Families	Big Society	£65,126	13
	General Vulnerability Intro	Big Society	£178,789	25
	Mental Health	Big Society	£47,560	7
Workforce Diverse, Capable, Flexible	Apprenticeships/Work Placeme	Big Society	£26,053	2
LICVIDIG	Job Ready Young People	Big Society	£31,053	3

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**Community Forum Budget** Number of projects awarded funding: 335 (2012-13 and 2013-14)

### Grant Schemes by Theme

Theme	Outcome	Grant Scheme		-
Children And Young People	Improved Pupil Outcomes	CFB	£46,124	18
	Personal And Social Developm		£201,499	97
	Places Spaces Activities For Y		£272,480	1
	Voice For Young People	CFB	£47,758	22
	Youth Provision Targeting	CFB	£87,754	38
Economic Growth	Attractive Town Centres	CFB	£5,000	1
	Business Support	CFB	£5,629	3
Healthier Population,	Alcohol & Drugs Harm	CFB	£19,678	7
Reduced Health	Best Start For Children	CFB	£55,185	21
nequalities	Healthy Weight	CFB	£30,181	21
	Increased Life Quality /Expecta	CFB	£134,293	70
	Inequalities Between Most Lea	CFB	£17,159	7
	Mgmt Of Long Term Conditions	CFB	£2,050	2
	Physically Active	CFB	£143,785	70
	Reduce Premature Death (Can	CFB	£2,050	2
High Quality	Adaptations To Climate Change	CFB	£10,480	3
Accessible Environment	Contribution To Climate Change	CFB	£7,980	3
	Protected Green, Natural, Histo	CFB	£40,716	18
	Safe Clean Maintained Recreat	CFB	£119,399	53
High Quality	Exisitng Homes Meet Needs	CFB	£1,809	1
Affordable Housing	Reduced Homelessness	CFB	£10,023	3
Older People	Access To Info & Advice	CFB	£12,060	12
	Care Home Quality	CFB	£3,300	1
	Dementia - Diagnosid / Treatm	CFB	£900	1
	Home Based Support Extra Ca	CFB	£5,338	3
	Housing & Adaptations	CFB	£1,000	1
	Independence	CFB	£40,944	23
	Stroke Care And Rehab Falls P	CFB	£5,362	4
	Support In The Community	CFB	£56,158	33
Resource And	Less Waste To Landfill	CFB	£269	1
Waste Managed	Recycling And Composting Wa	CFB	£269	1
Encouvery	Reuse	CFB	£1,039	2
Safer	Anti Social Behaviour	CFB	£23,586	9
Communities	Less Offending And Re-Offendi	CFB	£32,413	13
	Reduced Crime	CFB	£19,649	8
	Reduced Harm	CFB	£21,328	9
	Reduced Impact On Communiti	CFB	£41,457	18
Stronger	Active Engagement	CFB	£41.432	18
Communities	Design And Delivery Of Public		£33,727	16
	Empowered(Parish/Town)	CFB	£23,992	13
	Good Relations Within Commu.		£125,586	66
	High Quality Cultural Services	CFB	£21,425	12
	Identify Needs Priorities	CFB	£31,578	16
	Influencing Decisions	CFB	£9,223	3
	Involvement In Communities	CFB	£3,223 £174,376	88
	Range Of Support	CFB	£50,256	24
	Volunteering	CFB	£30,236 £177,677	24
Francest Contact	2			
	Effective And Integrated Public/		£7,260	3
/ulnerability Excluding Older	Carers Inc Young Carers	CFB	£29,889	17
People)	Children & Young People	CFB	£93,587	38
	Families	CFB	£39,626	22
	General Vulnerability Intro	CFB	£144,117	75
	Mental Health	CFB	£45,508	22
Norkforce Diverse, Capable,	Apprenticeships/Work Placeme		£28,781	8
Flexible	Careers Advice	CFB	£21,626	5
	Engagement Between Employ	CFB	£19,300	6
	Job Ready Young People	CFB	£49,847	18



## 2) Geographic Spread of grant funding for all grant schemes

The map illustrates the distribution of all community grant funds awarded in 2012-13 and 2013-14 (up to 31-12-2013) across the County by Parish and Town administrative boundary. The darker the shading the more funding received by an area.

The map shows that most communities in Leicestershire have benefitted in some way from a community grant in the last two years. The distribution of grant funding is broadly in line with population size. The Community Forum Budget funding, because of the way it is delivered, has been spread most evenly across the county.

## Appendix 2 – Examples of projects supported by current community grant schemes

Project Name:	ADHD (Attention Deficit Hyperactivity Disorder) Solutions CIC
Project Location:	Coalville & Loughborough
Key Aim:	Pilot drop in support sessions for families with
-	children with ADHD.

Previously families needed to attend specific appointments at the Leicester city based ADHD Solutions (St Gabriel's Community Centre). For various reasons it was proving difficult for a number of county-based families to attend the specific, timed appointments. ADHD Solutions applied for funding to pilot monthly "drop in" (no fixed appointments) sessions for Coalville and Loughborough families. The sessions were tailored to the specific family's needs.

Through the pilot, participating families were supported, gained access to advice, formed friendships and developed social networks. Additional workshops have been held since and fun days and trips for families have been arranged by ADHD Solutions. The project has led to an increased takeup of ADHD Solutions services. The Loughborough pilot supported 60 families and the Coalville pilot supported 75 families.

Grant	Amount Awarded	Year
Big Society	£5,000	2012/13

## Project Name:Cake Angels Community Baking GroupProject Location:Agar Nook Community Centre, CoalvilleKey Aim:To improve the lives of residents of Agar Nook

Cake Angels is a newly formed baking group in Agar Nook. The Group aims to support families that are suffering hardship or are living in difficult situations. The project identified that whilst a Birthday Cake seems like such a simple gesture to some families who do not have the income or capacity to provide it themselves, it will make all the difference on their child's special day. The Community Baking Group is made up of people that live on the Agar Nook Estate and it gives people the opportunity to meet socially, to gain some new skills and give something back to other people.

The Forum funding was used to purchase a cooker & baking equipment to the Cake Angels Group. Referrals from Leicestershire County Council Social Services and other organisations will enable the group to guarantee to provide every child on the estate with a birthday cake. This is just one of the initiatives the group deliver to improve lives on the Agar Nook Estate.

Grant	Amount Awarded	Year
CFB	£947.38	2012/13

## Project Name:Glenmore Community Centre New KitchenProject Location:Shepshed & surrounding villagesKey Aims:Community building that puts on various events

The Glenmore Centre is a widely used and popular venue at the heart of Shepshed. The Centre, used everyday by a huge variety of groups and clubs, offers the perfect location for meeting up with friends, learning new skills or celebrating with family.

The Centre's kitchen was outdated and hard to maintain in a good condition. Grant funding helped to replace it with modern, hard wearing kitchen units and a non-slip floor. All new fixtures and fittings are now easy to clean.

The kitchen is used on regular basis to provide a lunch club for elderly residents, cooking facilities and healthy eating life skills support for adults with learning difficulties. In future parenting courses will be able to expand to provide healthy cooking and eating sessions.

Numerous other groups also use the kitchen for refreshment purposes and local charities/groups use the kitchen facilities for fundraising events.

Grant	Amount Awarded	Year
CFB	£2,500	2013/14
Shire Village Hall	£1,000	2013/14

# Project Name:EmmausProject Location:HinckleyKey Aims:Supports people to work their way out of<br/>homelessness, providing meaningful work as well a<br/>stable home

Emmaus Leicestershire and Rutland works with formally homeless and other excluded people to discover a sense of common purpose and help others in need.

Emmaus' Stockwell Head Shop in Hinckley utilised a redundant workshop in the town centre to provide a place where homeless people can work to support themselves and others as well as learn useful skills to enable them back into mainstream society. The project has also created a service for residents and visitors to the town where they can obtain good quality recycled domestic goods at low prices. The project also provides extra opportunities in the district for volunteering.

A second strand of the project was to equip a training room with modern IT equipment to train people in IT skills to help them become more employable and able to make a bigger contribution to society.

Following the use of CFB grants to establish the shop and IT suite, Emmaus successfully applied for a Big Society grant to carry out a refit for their new

retail up-cycled clothes shop on Castle Street, Hinckley and to install signage for the existing Emporium on Stockwell Head.

These projects provided valuable next steps for homeless people who want to gain employment and become more independent.

## Supporting quote from the project:

"We are extremely pleased to have received the funding and the shop has been very well received by local customers. This funding will make a great contribution towards helping homeless people in the local area".

Grant	Amount Awarded	Year
CFB	£3,500 (Shop)	2012/13
CFB	£4,835 (IT)	2013/14
Big Society	£10,000	2013/14

## Project Name:Green SolutionsProject Location:Melton MowbrayKey Aims:Social Enterprise supporting Ex-offenders & Young<br/>people into training and employment

Greens Solutions is a Social Enterprise based in Melton Mowbray that helps to provide jobseekers in Leicestershire and Rutland with experience and accredited training in land-based skills to provide them with a route to employment.

Initially the Group received CFB funding to provide training centred on the use of a fruit press to produce apple juice from locally sourced apples. The juice was then promoted and sold to local outlets in the Melton area.

Participants gained valuable skills and experience, whilst also receiving training in food hygiene, health and safety regulations, and marketing. With the emphasis not only on technical skills, trainees were able to increase their self-confidence and esteem and move onto paid employment.

Following the success of the project, Green Solutions applied for further funding through the Big Society Grant Fund to extend the scope of its work. The project identified a number of traditional land-based skills which are in danger of being lost as those who currently carry out these trades approach retirement. To address this training courses were provided which covered a range of disciplines including hedge planting and laying, tree planting and pruning, woodland management, weed control and dry-stone walling.

The training provides a route into employment for people wanting to pursue a career in land-based / outdoor trades.

Grant	Amount Awarded	Year
CFB	£2,500	2012/13
Big Society	£10,000	2012/13

## Project Name:Providing Hot Lunches, Meadows Community GroupProject Location:HinckleyKey Aims:To improve the environment for its immediate<br/>neighbourhood

Meadows Community Group is always looking at new ways to improve their neighbourhood. The group's major projects have included providing play facilities for younger children and a multi-use play area for older children at the Woodlands Avenue Recreation Ground.

The groups was aiming to launch a 'meals on heels' service delivering hot food by foot around the area to people who have recently come out of hospital. A contribution from the County Council was required to enable them to improve the kitchen at the community centre. With the kitchen in place, they are now also using their expertise in the kitchen to provide weekly cookery classes to young people during the summer play scheme programme. A further grant enabled them to improve the state of the garden at the back of the Centre.

The group's significant achievements have been showcased in 'A Guide to Helping a Community', a short film that had its premiere at Phoenix Arts in Leicester during the third DocFilm Festival.

## Supporting quote from project:

"The Meadows had a few issues with anti-social behaviour as well as what we saw as the general run-down appearance of some areas," said a spokesperson for the group. "The group quickly flourished and we think this is a wonderful example of the community working together. Everyone bought into it and has taken ownership. We have also established strong partnerships with councils, the police and the private sector".

Grant	Amount Awarded	Year
Shire Environment	£1,800	2011/12
Grant		
CFB	£1,350	2011/12

## Project Name:Soup Group, Community Cooking GroupProject Location:Melton MowbrayKey Aims:To educate those families that face long term multiple<br/>barriers

The Family Intervention Project supports families with multiple issues that can be highly resource intensive and costly to various authorities.

County Council funding for the project enabled one of the people who had been supported through the Family Intervention Project (FIP) to purchase cooking equipment and ingredients to run healthy eating and budgeting courses (menu planning and weekly food budgets) over a period of 13 weeks. The project lead acted as a positive role model to others who were in the same situation. The project was aimed at disadvantaged families from the priority areas within Melton Mowbray. It used the kitchens at Melton Learning Hub as a venue for the courses.

The project was successfully delivered increasing participants confidence and skills in budgeting, healthy eating and wasting less food. Two of the participants went on to be trained to deliver cooking lessons as part of the County Council's 'Love Food Hate Waste' campaign.

Grant	Amount Awarded	Year
Big Society	£953	Oct 2012

Project Name:	Extension of Storehouse Melton Vineyard
Project Location:	Melton
Key Aims:	Support the most vulnerable with food and other key
	essentials

Storehouse Melton Vineyard put together food and toiletry bags for those who are most in need. They were looking to expand this current level of support to further help those in need within the local area.

The funding helped Storehouse Melton Vineyard to fit out their disused pub building with appropriate appliances, furniture and kitchen equipment. This enabled them to use the venue to provide:

- 1. Financial and social inclusion courses
- 2. Sewing & craft classes
- 3. Hosting coffee morning and soup lunches for vulnerable people
- 4. Listening and signposting services

Grant	Amount Awarded	Year
Big Society	£9,332	June 2013

Project Name:	Twenty Twenty Love 4 Life Girls Group
Project Location:	Loughborough North West (focused on Warwick Way
-	/ Ashby Road).
Key Aims:	To support vulnerable young people who may be disengaged and disadvantaged in building their self-esteem, skills and confidence.

Twenty Twenty is a small, rapidly growing, registered charity dedicated to helping disaffected and disengaged young people improve their life chances through education. Based in Loughborough they offer a variety of targeted services such as mentoring support, life-skills coaching and employment support.

Love4Life is one of the targeted projects established after a need was identified to work with 22 vulnerable girls / young women. The project involved one to one meetings as well as weekly after-school estate groups concentrating on the Warwick Way and Ashby Road areas. The sessions deal with self-esteem, body-image, positive relationships, handling emotions and communication. As a result the participating girls thrived and began to take control of their lives.

The project supported two girls in particular who regularly self-harmed to be able to process and verbalise their feelings. By developing a healthy identity, learning different ways to express how they feel and working on their future aspirations with a trusted adult-role model, both girls have now stopped selfharming. One 15 year old girl was upset due to a breakdown in the relationship with her mum and began to disengage from school. Through group activities around communication and through intensive one to one meetings she is now able to communicate with her mum in a positive way and has also started to have 'special mum and daughter' time. She is now enjoying school again and thriving both at home and in the group.

The project has a retention rate of 89%, reinforcing how much the girls engage in the sessions and continue to come back.

Twenty Twenty has also successfully applied for CFB funding for various other projects such a Breakfast Jobs Club.

## Supporting quote from a participant in the project:

"Thank you for everything you have done for us. We couldn't ask for a better youth leader. Thank you for giving us some of the best memories of our lives. Thank you for never giving up on us"

Grant	Amount Awarded	Year
CFB	£5,000	2013/14

## Project Name:Ian's Chain – Leicestershire Motor HomeProject Location:Market Harborough and LeicsKey Aims:To help those suffering from mental illness and<br/>families who have lost a loved one through suicide

lan's Chain is a not for profit organisation set up to help those suffering from mental illness and families who have lost a loved one through suicide. The funding allowed the group to purchase a motor home to let such people within Leicestershire have a holiday in order to aid their wellbeing and recovery.

For some people suffering from mental illness, the mental burden related to the financial pressures of taking a holiday (that could provide much needed recovery time) puts it out of reach. The project aims to take away that burden and has been of huge benefit to participants by enabling them to spend time with their families and regroup together.

## Supporting quote from project:

"This project is much needed and is an innovative way in which we hope to reduce the stigma associated (with mental health) and further problems. The grant has allowed us to move quicker and gave us the opportunity to let others see what we wanted to do".

Grant	Amount Awarded	Year
CFB	£3,000	2013/14

# Project Name:Fun and Fitness Club for Older People Hinckley and<br/>Bosworth Local Sports and Health Alliance (HBLSHA)Project Location:DesfordKey Aims:Promotes health and well-being through physical<br/>activity.

HBLSHA works with schools, clubs, statutory providers and health agencies across the Borough including Sport in Desford to encourage healthier lifestyles through physical activity.

Sport in Desford (SiD) is a registered Charity and was set up by Desford Parish Council in 1988 to provide cost-effective sports facilities for the local community. Since the Parish Council purchased the land in 1988, SiD has raised funds from many sources to develop the site into the half million pound facility that it is today. Its specific objects are to provide sporting and recreational facilities for the people of Desford and its environs, particularly in making provision for bowls, football, tennis, squash, fitness and running.

Volunteers Jim and Sue Houghton have campaigned tirelessly over the years and sought funding from several sources including Community Forum Budgets.

In 2011 Sport in Desford supported the work of a post GP Referral circuits group working with clients in a transitional phase towards joining mainstream provision. The scheme was designed to build on and support patients continued recovery and support engagement with a healthy lifestyle on a long term basis. Many of these clients fall into the older persons category and Desford has an older than average population.

More recently the group set up and run a fun and fitness group for older people meeting fortnightly on a Tuesday morning at Sport in Desford.

Sue and Jim Houghton's efforts were recognised when they were awarded the Sporting Unsung Heroes Award at the National Sports Personality Awards at the ExCel Centre in London in 2012.

Grant	Amount Awarded	Year
CFB	£1384.06 (GP Referral Scheme)	2011/12
CFB	£996 (Fitness Scheme)	2013/14

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